

JERSEY BOWL

Making Kids Parties a Piece of Cake

With a choice of Bowling,
Quasar or the Kids Zone and
a selection of packages to suit
any pocket, it's no wonder
we're the islands favourite
for stress free parties!

Call 490444 for more details

Please note your table number when placing your
food and drinks order at the main bar.

Enjoy our relaxed pub atmosphere and informal service.

If you have any special dietary requirements or wish to speak with our
chef please talk to a member of the team.

At Jersey Bowl we aim that the kids will have as much fun as the adults.
Their menu has been chosen to give both a healthy option as well as
the more traditional children's menu.

ALL PRICES ARE INCLUSIVE OF GOODS & SERVICES TAX



This menu is for children under 10 years old, under 6 feet tall and no bigger than a size 8 shoe!

CHIPOLATAS & MASH £4.10

A young persons bangers 'n' mash made with chipolata sausages, creamy mash and gravy.

CHILDREN'S PASTA £4.10

Italian tomato pasta served with crusty bread.

HOT DOG £4.10

A children's size hot dog served with chips and baked beans.

BABY BACK RIBS £4.10

Chefs BBQ ribs served with potato wedges or chips and salad.

GRILLED CHICKEN £4.10

Strips of grilled breaded chicken, served with roasties or chips & salad.

4OZ BEEFBURGER £4.10

Plain or with cheese and accompanied with chips and beans.

COTTAGE PIE £4.10

Comforting cottage pie served with seasonal vegetables.

KIDS JACKET POTATO £4.10

Oven baked jacket potato with a separate serving of cheese, baked beans and ham.

KIDS ICE CREAM £0.65

A tub of New Forest vanilla flavoured Ice Cream which contains NON MILK FATS.

CHILLI NACHOS £4.65

Tortilla chips topped with melted cheese, tangy tomato salsa, sour cream & guacamole.

GARLIC BREAD TRIO £4.10

Fresh stone baked pizza base with garlic, mozzarella and sun-dried tomatoes.

THE ULTIMATE COMBO £7.20

Prawns in filo, skins, chicken wings, ribs, onion rings, nachos and garlic bread with a choice of three dips, more than enough for two!



Main Courses

FISH 'N' CHIPS	£8.00
Daily fresh cod in chefs special batter, gently fried to steam the cod leaving natural flavours. Served with chips, Marrowfat peas and tartare sauce.	
VEGETABLE BURGER	£6.95
A garden burger patty made of vegetables, rice, cheese, spices & Cajun mustard mayonnaise served on a toasted bap.	
THAI MASSAMAN CURRY	£8.80
Tender chicken fillet, sliced potatoes, coconut milk, peanuts and Massaman spices makes this one of Thailand's best.	
BANGERS & MASH	£7.50
Cumberland sausage with a creamy mashed potato covered in an onion gravy.	
MEE GORENG (WOK FRIED)	£8.25
Wok fried rice noodles, pork, chilli, prawns, garlic & fresh corriander.	
VEGETABLE FAJITA	£8.20
CHICKEN FAJITA	£8.75
The original Mexican stir-fry. Choose from tender strips of chicken breast, mixed seasonal vegetables, both coated in our traditional Cajun spices and served on a sizzling platter with three flour tortillas & a selection of dips.	

Pasta & Pizza

GOURMET PIZZA	£8.20
Hand spun pizza base layered with Parma ham, cherry tomatoes, buffalo mozzarella and fresh rocket. A true Italian delight!	
TRADITIONAL LASAGNE	£7.20
Layers of fresh pasta, bolognese sauce and creamy cheese combine to make this an old favourite. Served with chips and garlic bread.	
CHICKEN & PANCETTA CARBONARA	£8.00
Thick, creamy and loaded with pieces of chicken fillet, pancetta and fresh tagliatelle.	



HALF POUND LEAN BURGER	£8.00
A thick home-made seasoned beefburger, flamed grilled to perfection. Served on a freshly toasted bun, dressed with fresh salad and a choice of two toppings:- Bacon, Cheese, Egg, Pineapple or Chilli.	
BABY RACK OF RIBS	£9.15
Carefully smoked, then gently grilled, giant rack of baby back ribs coated with our chefs home-made barbecue sauce. Served with fries and side salad.	
CHAR GRILLED CHICKEN PIRI PIRI	£9.55
Half roasted chicken, marinated with Piri Piri sauce. Accompanied by chips and dressed salad.	
BEEF AND BAY LEAF ESPETADA	£13.40
Tender chunks of steak char grilled with fresh garlic, bay leaves and sea salt hung on a skew allowing garlic butter to marinade even further. Served with fries and crusty bread.	
GAMMON STEAK 10OZ	£8.20
A great choice for the really hungry. Topped with egg and pineapple served with mushrooms, peas, onion rings and chips.	
MIXED GRILL	£12.50
For those with larger appetites, gammon, sausages, lamb chop, ribeye steak, black pudding, ribs and a fried egg served with mushrooms, peas, onion rings and chips.	
6OZ RIBEYE STEAK	£9.80
10OZ RIBEYE STEAK	£12.90
Served with mushrooms, peas, onion rings and chips. Have it plain or with one of the following sauces: Jack Daniels - Jim Beam - Peppercorn - Garlic & Sweet Chilli.	
STEAK & RIB PAIRING	£11.35
6oz ribeye steak and half rack of ribs coated with our own unique barbecue sauce. Served with mushrooms, peas, onion rings, chips and coleslaw.	



Salads

DRESSED MIXED LEAVES, BLACK OLIVES, ROASTED CROUTONS AND SHAVED PARMESAN MAKES THE BASE FOR ALL OUR FRESH SALADS.

Plain	£5.10
Jack Daniels Salmon	£8.20
Thai Chicken Fillet	£7.50
Crispy Pork	£7.50
Tuna Mayonnaise	£6.70
Honey Roast Ham	£7.50

Light Snacks

Served 12:00pm to 5:00pm (Monday to Saturday)

SANDWICHES

White sliced bread or malt brown sliced bread, served with salad leaves

	Bread	/	Baguette
TUNA MAYONNAISE	£3.90		£4.10
HONEY ROAST HAM SALAD	£3.80		£4.00
ROAST CHICKEN	£3.80		£4.00
SLICED BEEF	£4.00		£4.20
GRATED CHEDDAR CHEESE	£3.65		£3.85
B.L.T. (BACON, LETTUCE & TOMATO)	£3.80		£4.00
FRESH WATER PRAWNS	£4.15		£4.35

FILLED JACKETS

Freshly baked jacket potatoes, filled with your own choice & served with a side salad

CHEESE AND BEANS	£4.65
TUNA MAYONNAISE	£4.90
CHILLI & CHEESE	£4.70
ABERDEEN ANGUS STEAK & MUSHROOM	£5.05
SAUSAGE & ONION GRAVY	£5.00

HAM, EGG AND CHIPS

Hand carved ham, chips & topped with 3 fried eggs.

£5.70

ALL DAY BREAKFAST

Two slices of bacon, 2 Cumberland sausages, 2 eggs, chips, black pudding, tomato, mushrooms & fried bread.

£6.00

CLUB CIABATTA

Grilled chicken, crispy bacon and lettuce nessed in a fresh ciabatta roll.

£5.00

STEAK CIABATTA

Grilled steak and onion served in a fresh ciabatta roll.

£5.00

THREE EGG OMELETTE

Cooked to perfection, served with chips and salad. **(Fillings available).**

£4.70

A Little Extra

BASKET OF FRIES	£1.55
CHUNKY SEASONED POTATO WEDGES	£1.30
SIDE SALAD	£1.80
GARLIC BREAD WITH MOZZARELLA	£2.15
BASKET OF HOT FRESH BREAD	£1.30
SEASONED ONION RINGS	£1.30
SIDE OF COLESLAW	£1.30



ALL DESSERTS ARE HOMEMADE BY OUR CHEF'S USING THE BEST INGREDIENT POSSIBLE TO FINISH A PERFECT MEAL.

STICKY TOFFEE PUDDING £3.80

A home-made light moist date sponge covered with a rich toffee sauce and served with a scoop of vanilla ice cream.

APPLE & RHUBARB CRUMBLE £3.80

Bramley apples, sweet Rhubarb and Cinnamon baked with crunchy crumble served with a rich vanilla custard.

ICE CREAM SELECTION £3.65

Walls Carte D'or consisting of Vanilla, Chocolate & Strawberry.

HOT BANANA SPLIT £3.75

A whole banana sliced and coated in maple syrup, loaded with icecream topped with cream & warm chocolate sauce.

HOT DOUBLE CHOCOLATE FUDGE CAKE £3.80

A large helping of our own double chocolate fudge cake gently warmed and served with vanilla ice cream.

KIDS ICE CREAM £0.65

A tub of New Forest Vanilla floured Ice Cream which contains NON MILK FATS.

SPECIAL COFFEES £3.90

Kahlua, Grand Marnier, Southern Comfort, Baileys, Jamesons Irish Whiskey Courvoisier Brandy, Tia Maria, Calvados and many more!!



Sunday Carvery

Served All Day - From 12pm - 7pm
Adults - £9.55 All you can eat
Children - £5.65 (Under 10)



St. Peter - Tel: 490444

includes
Salad Bar
 throughout the Summer!

WHITE WINES

FRANCE - GRENACHE BLANC, SEC, BEAU CHENE Fresh, fruity and aromatic from the South of France.	£9.00 / £3.10
GERMANY - PIESPORTER MICHELSBERG, HALLGARTEN Ever popular medium-dry style from the Moselle.	£9.00 / £3.10
CHILE - CHARDONNAY, NORTE CHICO Creamy and rich with notes of tropical and citrus fruits.	£10.25 / £3.50
PORTUGAL - AVELEDA VINHO VERDE D.O.C. Gentle and fruity aroma with a smooth, delicate flavour.	£10.85
SOUTH AFRICA - CHENIN BLANC /CHARDONNAY, ARNISTON BAY Light and fresh with a palate of tropical fruit, medium dry.	£12.45
ITALY - PINOT GRIGIO, ITALIA Crisp, delicate wine full of natural Italian passion and style.	£11.00
NEW ZEALAND - SAUVIGNON BLANC, MARLBOROUGH, STONELEIGH Wonderfully balanced, with tropical fruits galore, gooseberry hints and fresh.	£15.45

RED WINES

FRANCE - GRENACHE ROUGE, BEAU CHENE Easy drinking style, soft, light and fruity.	£9.00 / £3.10
CHILE - CABERNET-SAUVIGNON, NORTE CHICO Rich, smooth and rewarding with cassis berry flavours.	£10.25 / £3.50
AUSTRALIA - SHIRAZ, YELLOW TAIL Vibrant full bodied, underlying tones with sweet berries.	£12.90
SOUTH AFRICA - RUBY CABERNET / MERLOT, ARNISTON BAY Ripe medium-bodied wine packed with red fruit flavours.	£12.45
FRANCE - MERLOT "CLASSIC", MICHEL LAROCHE Smooth, medium-bodied style full of ripe berry fruit flavours.	£13.65
SPAIN - MARQUES DE CACERES, CRIANZA Rioja wine, rich & supple with a fine balance of fruit and oak.	£16.00

ROSÉ WINES

CALIFORNIA - JACK RABBIT, WHITE ZINFANDEL Medium-full body, soft, sweet, fruity wine.	£10.25 / £3.50
PORTUGAL - MATEUS ROSE, SOGRAPE Still a big favourite. Light and spritzy.	£10.85

CHAMPAGNE

FRANCE - PANNIER, BRUT SELECTION NV	£36.50
FRANCE - PANNIER, BRUT ROSE NV	£36.50
FRANCE - LAURENT-PERRIER, BRUT LP	£39.00
FRANCE - LAURENT-PERRIER, CUVÉE ROSE BRUT	£50.50